

Australasian Rogaining Championship 2015

Menu for Hash House and All Night Café

Note: Rogainers should ensure that they are self-sufficient on the course and not unduly rely upon the All Night Café. Fruit, tea, coffee etc. will be available from Friday afternoon till close of the Hash House Sunday afternoon.

Friday Night Dinner

Vegetable stew
Meat pasta, bolognaise
Garden salad
Potatoes and pasta
Fresh whole fruit, stewed apple & custard (?), cake, biscuits,
Tea, coffee, hot chocolate and cordial
Bread and spreads

Saturday Breakfast

Fresh fruit
Yoghurt
Cereals – muesli, wheat bix, corn flakes etc.
Boiled eggs
Cheese toasties - BBQ
Tomatoes - BBQ
Friday night leftovers
Stewed apple and custard(?)
Cold meat (?)
Bread and spreads
Tea, coffee and hot chocolate

All night café

Pancakes
Cheese toasties - BBQ
A hotpot – see HH Dinner and overnight
Potatoes - boiled
Bread and spreads
Fruit
Biscuits and cake
Tea, coffee, hot chocolate and cordial

Saturday Dinner and overnight

Vegetable soup
Beef goulash
Vegetable curry, mild
Rice and potatoes
Bread and spreads
Tea, coffee and hot chocolate
Biscuits and cake

Sunday Breakfast into mid-morning

Overnight leftovers
Cereals etc. as per breakfast above
Cheese toasties - BBQ
Boiled eggs
Corn-cakes
Tomatoes - BBQ
Fruit etc.
Bread and spreads

Sunday Lunch

Cold meat
Tuna
Taco-style chicken
Bread, flat bread
Salads
Cheese
Leftovers from previous meals